

# REAL FRUIT SMOOTHIES

Made with 100% real fruit and non-fat yogurt, 16oz

## **The Microgreens from Weld – 6.75**

Local microgreens, green apple, banana, walnuts & yogurt

## **The Walker – 5.50**

Peanut butter, banana, yogurt & dark chocolate

## **The Fletcher – 5.50**

Strawberries, banana & yogurt

## **The Jamaicaway – 5.50**

Strawberries, pineapple, banana, mandarin orange, coconut & yogurt

## **The West Rox-berry – 5.50**

Raspberries, blueberries, strawberries, banana & yogurt

## **Lord Farquhar – 7.00**

Banana, spinach, microgreens, walnuts, mixed berries & pomegranate juice

## **The Tyndale – 5.50**

Pineapple, mandarin orange, banana & yogurt

## **The Zeller – 5.50**

Pineapple, coconut, banana & yogurt

## **The Belaire - 5.75**

Pomegranate juice, raspberries, strawberries, blackberries, blueberries, Mandarin orange & yogurt

## Make Your Own Smoothie

Berry mix	Peanut butter
Strawberry	Walnuts
Pomegranate juice	Pineapple
Banana	Coconut
Mandarin oranges	Non-fat yogurt
Spinach	Almond milk
Microgreens	Soy milk
Basil	

**Soft serve ice cream  
available all day!**



*green T coffeeshop*

# MENU

Monday - Saturday: 6:00am - 8:00pm

Sunday : 6:00am - 6:00pm

Call ahead to place an order

617.390.5777

[www.greentcoffeeshop.com](http://www.greentcoffeeshop.com)

873 South Street, Roslindale  
MA 02131

# BREAKFAST

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All breakfast sandwiches served on your choice of freshly baked Iggy's bagel, ciabatta roll, croissant, or spinach wrap

## The Green T Spinach Bagel - 5.95

Large brown egg, baby spinach, tomato, fresh basil & Swiss cheese

## Western Omelette Bagel - 5.95

Two scrambled eggs, sliced red & green bell peppers, onion & pepper jack cheese

## Alaskan Smoked Salmon Bagel\* - 11.95

Smoked wild Alaskan salmon with hard-boiled egg, tomato, cream cheese, capers & Vidalia onion with a lemon wedge

## Caprese Breakfast Bagel - 5.95

Large brown egg, tomato, fresh mozzarella cheese, basil with balsamic vinaigrette

## Big Breakfast Sandwich - 5.95

Two large brown eggs, baby spinach & Vermont cheddar

## Southern Spice Omelet - 5.95

Two scrambled eggs, spinach, tomato, peppers, pepper jack cheese & spicy chipotle mayo

## Homemade Egg Salad - 5.95

Hard-boiled egg, tomato, onion, cucumber & arugula

## The California Bagel - 5.95

Hard-boiled egg, scallions, two slices of bacon with cream cheese & spicy guacamole

## The Popeye - 5.95

Three egg whites, fresh mozzarella Vidalia onion & baby spinach with spicy Sriracha sauce in a spinach & herb wrap

## Eldora - 5.95

One egg, jalapeños, pepper jack cheese & chipotle mayo

## Bagel choices

Plain / Onion / Raisin / Sesame / Everything / Whole Wheat / Garlic

# LUNCH

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All lunch sandwiches served with chips

## Spicy Chicken Melt - 8.95

Grilled chicken, pepper jack cheese with jalapeños & spicy chipotle mayo served on an Iggy's toasted ciabatta roll

## Homemade Blueberry Chicken Salad Sandwich - 8.95

Grilled chicken, blueberries, crisp celery, onion, romaine lettuce & light mayo served on an Iggy's toasted ciabatta roll

## Bow Thai Wrap - 8.95

Grilled chicken, Romaine lettuce, red & green peppers, spicy Thai peanut sauce in a warmed spinach wrap

## Smoked Turkey Sandwich - 8.95

Smoked turkey, Swiss cheese, lettuce, tomato, onion with Thousand Island dressing served on an Iggy's toasted ciabatta roll

## B. L. T. G. - 8.50

Hickory smoked bacon, crisp Romaine lettuce, thick cut tomato, avocado & spicy guacamole served on Iggy's seven grain toast

*\*Consuming raw or undercooked meats, poultry, seafood, shellfish, or eggs may increase your risk of foodborne illness.*

## The Portobello (vegetarian) - 8.95

1 Large oven roasted Portobello mushroom cap, sautéed red pepper, goat cheese, arugula, balsamic vinaigrette on Ciabatta

## Ham & Turkey Cuban - 8.95

Maple ham, Smoked turkey, Swiss cheese, spicy Dijon mustard, pickles on toasted ciabatta

## Tuna Salad with Honey Mustard - 8.95

Homemade tuna salad, Swiss cheese, lettuce, tomato on Iggy's multigrain bread

# SALADS

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## Arugula Beet Salad - 8.50

Fresh arugula, beet, cranberries, walnuts, feta with homemade local honey lemon vinaigrette

## The Vegan Bowl - 8.50

A bed of baby spinach, topped with quinoa, red & green bell peppers, onion, black beans, cilantro, and a lemon oil dressing

**Try it in a spinach wrap with roasted red pepper hummus!**

# COFFEE

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## Daily Features

### Brazil Cerrado

Lightly roasted to highlight natural peanut and milk chocolate flavor notes. Low acidity and a nutty aroma

### Green T House Blend

A medium roast blend of Central & South American coffees with excellent balance

### 1715 Blend

A combination of medium and French roast delivering a hint of smokiness

## Lattes/Hot Chocolate

Homemade Chai

Pumpkin Spice

Almond

Butterscotch

Milky Way

Frosted Mint

Mocha

French Vanilla

Toffee Crunch

Mocha Chocolate

Hazelnut

Macchiato



# ICED TEA 100% Natural

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## Pomegranate Chinese Sencha

A green tea including a blend of rose petals, hibiscus & pomegranate

## Lemon Ginger Green Tea

Organic green tea with fresh ginger, lemon, & mint

## Earl Grey

A traditional afternoon drink made from a blend of Indian black teas

# HOT TEA

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Assam

Chamomile

Earl Grey Supreme

English Breakfast

Formosa Oolong

Genmaicha

Ginger

Lapsang Souchong

Mao Feng Green

Peppermint Herbal

Rooibos

Yinhao Jasmine

Yerba Mate

Rose Black

Japanese Sencha

Spiced Masala Chai

Pomegranate

Chinese Sencha